



## Principal's Comments

I was walking across to the Art Department to look at some of the great work that students are doing there. On the way I stopped to pick up two bits of rubbish left by a student or students who have little regard for the environment. Once I stopped dreaming of a Singapore type rubbish regime I glanced at the nutritional information.

If **we are what we eat** then there are some students who are working overtime to be overweight and unhealthy. One product (name withheld to protect the guilty) had 34.9 gms of fat per 100 gms of product. The other had a mere 24.8 gms of fat per 100 gms but managed to make up the "bad food" deficit by having 1300mgs of sodium. Given that these before school snacks were quite likely washed down with Coke or similar there is no wonder our country is sitting on a health time bomb.

From an educational point of view the research is very clear. Good diet actually promotes learning. I am not sure how much influence parents or school can have on the dietary habits of our charges but as a school we will definitely need to give the question careful thought.

## IMPORTANT NZQA and Exam Information

- **Information Assembly** for 10EE, Y11, Y12 and Y13 students will be held on Thursday 28 October. Important points about NZQA will be covered.
- **Late Fees** for NZQA exams will still be collected until 3 November. Unfortunately an additional \$50 must be paid.

## MAKE A NOTE IN YOUR CALENDAR

### OCTOBER

**25 Monday**

Labour Day —School closed

**27 Wednesday**

Co-Curricular Prize  
Giving 7.00 pm in Hall

### NOVEMBER

**4 Thursday**

Senior Prize Giving  
7.30 pm in Hall

**5 Friday**

Senior Graduation  
Dinner

**8 Monday, 9 Tuesday  
and 10 Wednesday**

Junior Exams

**10 Wednesday**

NZQA exams begin  
Senior reports posted  
this week.

### DECEMBER

**6 Monday**

Junior Reports posted  
this week

**7 Tuesday**

Year 9 Prize Giving  
2.00 pm in Hall

**8 Wednesday**

Year 10 Prize Giving  
9.30 am in Hall

Last day for Year

## TERM DATES

### 2004

Term 4 ends on Wednesday 8 December

### 2005

**Term I** Tuesday 1 February \* to Friday 15 April

**Term II** Monday 2 May to Friday 8 July

\* Senior students will need to be available on Thursday 27 January to come in to confirm options.

## Normal Uniform Shop Hours

(during term time only)

**Tuesdays**

1.00 pm to 5.30 pm

**Thursdays**

1.00 pm to 4.00 pm

## STUDENT NEWS



### Year 9 Enrolments for 2005

#### In-Zone

We still have vacancies for inzone Year 9 applicants. If you have not yet enrolled your student for Year 9 next year would you please phone the college office, 576 9039 as soon as possible to make an appointment for this.

### CHANGES TO THE FINISH TIME FOR THE REST OF THE YEAR

1. **Thursday 4 November** – School will finish at 1.30 pm (to prepare for senior prize giving).
2. **Monday 8 November** until end of year - 3.00 pm

School buses will be requested to come early.

### PRIZE GIVING CEREMONIES

All parents, students and friends are most welcome to attend the following ceremonies:

#### Co Curricular

**Wednesday 27 October** – 7.00 pm in Hall

#### Senior Prize Giving

**Thursday 4 November** - 7.30 pm in Hall

#### Year 9 Prize Giving

**Tuesday 7 December** - 2.00 pm in Hall  
(Year 9 leave for year)

#### Year 10 Prize Giving

**Wednesday 8 December** - 9.30 am in Hall  
(Year 10 leave for year)

### CAREERS INFORMATION

Parents and students are welcome to see or speak to the Careers Advisor any time. Please contact Mr Whickman on 577 0406 (Direct line) or leave a message.

### SPORTS ACHIEVEMENT

#### Congratulations to:

**Ryan Young Ti3** is to represent Fencibles United AFC in the annual Youth Soccer Championships in Napier.

**Daniel Jones Ti1** is to represent Eastern Suburbs Assn. Football Club at the same championships.

*Edgewater acknowledges and thanks Village Cinemas Highland Park for continuing to give complimentary movie tickets to Players of the Day in many sports.*

### BLOOD COLLECTION DAY

Thank you to everyone who donated blood for this very worthy cause.

### STUDENTS ON RESTRICTED LICENCES

Students driving to school on restricted licences are not allowed to carry passengers. It is illegal to do so and if students are found to be doing so we will inform the police. The fine for this is \$400.

Parents please talk to your students about this. Passengers who ride with unrestricted drivers are at risk should an accident happen.

In event of an accident the insurance company may not pay out if licence conditions broken.

### UNIFORM CHANGE FOR 2005

- The white polo top is discontinued and students will be unable to wear them next year. They will need to purchase from our uniform shop a blue blouse for girls or a blue shirt for boys.
- It has also been decided that sandals can only be worn during term one and term four and not in the second and third terms.

Edgewater  
College

Striving  
for  
Excellence